

## HEVINGHAM UNDER 5's NEWSLETTER



Tuesday 6<sup>th</sup> December 2022

### What we have been doing!

This month we have been busy bee's learning all about moving our bodies in different ways, exploring fine motor activities, putting on a show, continuing to learn our Supersonic Phonic saying for the sounds.

### Halloween Stay & Play

We wanted to say a BIG thank you to all of the parents and grandparents that joined us for our Halloween Stay and Play! The children all loved having you come and visit nursery to explore the different sensory activities. We had sensory bags, pumpkins, gloop with bugs, painting, and make your own ghost or pumpkins.



### Fireworks

We have been learning about bonfire night and how to be safe while watching fireworks and using sparklers. We explored different kinds of ways to create our own fireworks using different mark making tools and equipment. We created marks in sand using sticks and brushes; they created lines using wool and paint by dragging them across the page.



### School Hall Visits

We have recently been visiting the school hall and getting to explore the different climbing equipment. We have practiced walking, crawling, sliding along the benches. We have practiced pulling ourselves up and down on the ropes, hanging from the bars and jumping off. We have also been practicing our throwing and catching skills using balls and beanbags.



### Yoga/Mindfulness

We have been introducing some simple yoga poses and mindfulness at the end of the day or after a PE session. The children can now do downwards dog, up dog, butterfly, and tree pose.



## Fine Motor

We have been doing lots of fine motor activities which will help develop and strengthen the muscles in the children's hands ready for school when they begin their writing journeys.



## Supersonic Phonic Friend

The children have been continuing to do their phonics daily, and have been joining in brilliantly, their listening skills are continuing to improve and so are their concentration skills.

So far, the children have learnt the sayings for S A T P I and this week they are learning the saying for N. Each week a video is uploaded onto tapestry with the saying being modeled by a child.

## Pantosaurus

There is never a wrong time to teach the children about how to keep themselves safe, at nursery we have been watching the NSPCC Pantosaurus video and learning about how to keep ourselves safe.

We have spoken about the PANTS rules which are:

- P - privates are private
- A - always remember your body belongs to you
- N - no means NO
- T - talk about secrets that upset you
- S - speak up, someone can help

You can find more information and the Pantosaurus video here: [Talk PANTS & Join Pantosaurus - The Underwear Rule | NSPCC](#)



## Nativity

The children have been working hard on their nativity songs and actions, they are all excited for their grownups to come and watch their show on Thursday 15<sup>th</sup> December at 10am.

## Changing Weather

As the weather is changing, the clothing the children will need for the garden will be changing too. We all NEED to have a pair of wellies and a puddle suit (or waterproofs) for the garden. These can be kept at nursery or they can be sent home after each session if required.

Please remember to send your child with a coat and appropriate clothing as the weather begins getting colder.

## Reminders

- Please can the gate be shut behind when entering and leaving the nursery garden.
- We encourage a healthy meal at lunch, please could the children have an item of fruit or veg in their lunch.
- Please can children have spare clothes in their bags in case they get wet.

## Key Dates

Tues 6<sup>th</sup> Dec - Stay & Play @ 13:45 - 3pm

Thurs 8<sup>th</sup> Dec - Xmas Trip

Fri 9<sup>th</sup> Dec - Xmas Decoration @ 9am - 10am

Fri 9<sup>th</sup> Dec - Xmas Disco

Mon 12<sup>th</sup> Dec - Stay & Play @ 9 - 10:30am

Wed 14<sup>th</sup> Dec - Xmas Party @ 9:30am

Thurs 15<sup>th</sup> Dec - Nativity @ 10am

Fri 16<sup>th</sup> Dec - Last Day of Term

Wed 4<sup>th</sup> Jan - Children Return