

HEVINGHAM UNDER 5's NEWSLETTER



Friday 27th May 2022

What we have been doing:

This month has been busy for the children at Hevingham Under 5's, we have been completing our sponsored triathlon, discussing the life cycle of frogspawn and watching the changes happen, we have been planting, and discussing our feelings and practicing how to be kind to others.

Sponsored Triathlon

The children have completed their sponsored triathlon; they join in with walking and completing an obstacle course, riding their scooters and bikes, and baking yummy cakes!

So far the children have raised an incredible £415 in sponsorship money, and raised an amazing £81.50 from the cake sale. Any more donations of sponsorship money can be handed in to Beth and Chloe.



Frogspawn Life Cycle

The children have been learning about the life cycle of Frogs. They have been sharing a story called 'How does a Frog Grow?' while observing the changes we have seen in the tank.



We watched the tadpoles hatch from the frogspawn and have noticed them getting bigger over the last few weeks while feeding them algae and fish food. The children have been keeping a close watch and have noticed that our tadpoles are getting even bigger and some have started to grow back legs!



Growing & Planting

The children have been working hard in the garden to create a growing area. We have been discussing what we need to plant seeds/flowers and how to care for them. The children have been very careful when transferring the sunflowers into the ground and have been watering them daily. We are watching our tomato, pepper and strawberry plants closely and watering them when needed. We hope we'll see some fruits before we break up for summer!



Our Feelings

We have been discussing our feelings in nursery and have been reading the book 'Colour Monster'. While reading the story the children have discussed what makes them feel happy, sad, angry, calm, scared and loved. The children use the display in the room to show how they are feeling throughout the day; this is to promote sharing how you're feeling.

We have been talking about how we make each other feel and if something happens that we don't like that we should use our words or tell an adult. We have been playing group games to encourage and promote turn taking and sharing.



Pantosaurus

There is never a wrong time to teach the children about how to keep themselves safe, at nursery we have been watching the NSPCC Pantosaurus video and learning about how to keep ourselves safe.

We have spoken about the PANTS rules which are:

- P - privates are private
- A - always remember your body belongs to you
- N - no means NO
- T - talk about secrets that upset you
- S - speak up, someone can help

You can find more information and the Pantosaurus video here: [Talk PANTS & Join Pantosaurus - The Underwear Rule | NSPCC](#)



Tesco Tokens

Thank you to everyone who contributed towards our Tesco Tokens, we came third which means we have been awarded with £500 towards our garden renovations! This is fantastic!!!

Thank You!

Occupations

Next term we are going to be learning about different occupations between 13th -24th June, we would like to invite parents/carers/ family in to talk about their occupation with the children.

If you would like to come in, please contact Beth or Chloe to discuss this further.

Reminders

- Please can all children be sent with sun cream on and have it in their bags along with a sun hat and appropriate spare clothes for the weather.
- We still wear wellies in the garden, if your children do not already have wellies at nursery, please could we have a pair brought in for their sessions.
- Please can the gate be shut behind when entering and leaving the nursery garden.

Key Dates

Summer term-

- Back to nursery - Mon 6th June
- Occupation Weeks - Mon 13th - Fri 24th June
- Under 5's Sports Day - Thurs 23rd June
- Last day of term - Fri 22nd July