



May Half Term Children's Intensive Swimming Courses

Are you looking for a fun half term activity, or a chance to improve your child's swimming technique?

An intensive swimming course is a great way to introduce your child to swimming, or for them to gain confidence in the water.

Aylsham Sports Hub are running 5-day courses with 30 minute lessons at the same time each morning from Monday to Friday during the May half term.

A five day intensive swimming course held from Monday to Friday is only £25 per child.

	09:30—10:00	10:00—10:30	10:30—11:00
Monday 31 st May	Beginners (Age 3-5)	Beginners (Age 6+)	Improvers (age 6+)
Tuesday 1 st June	Beginners (Age 3-5)	Beginners (Age 6+)	Improvers (age 6+)
Wednesday 2 nd June	Beginners (Age 3-5)	Beginners (Age 6+)	Improvers (age 6+)
Thursday 3 rd June	Beginners (Age 3-5)	Beginners (Age 6+)	Improvers (age 6+)
Friday 4 th June	Beginners (Age 3-5)	Beginners (Age 6+)	Improvers (age 6+)

Children's intensive swimming courses are suitable for children aged 3+

Beginners (30 min session)

Front crawl and backstroke techniques as well as a selection of individual swimming skills.

Ideal for building water confidence.

Improvers (30 min session)

Front crawl, back stroke, breast stroke and butterfly techniques along with more advanced swimming skills. (Must be able to swim 17m unaided).

Ideal for the more advanced swimmers.



Aylsham Sports Hub also offers term time swimming lessons, led by fully qualified, professional and friendly instructors. Please contact us for details.

Please contact Aylsham Sports Hub for more information on 01263 738966

Email: memberships@aylshamsportshub.co.uk



Aylsham Sports Hub

Aylsham High School, access via Bure Meadows Estate, NR11 6AN