



# ASH May Half Term Swimming Timetable



All sessions are available to book by Aylsham Sports Hub members and non-members

Monday	06:30-08:30 Lane/individual swimming	08:30—09:15 Aqua Aerobics		14:00-18:00 Open/family swim		18:30-21:30 Lane/individual swimming	
Tuesday	06:30-09:15 Lane/individual swimming			14:00-18:00 Open/family swim		18:30-21:30 Lane/individual swimming	
Wednesday	06:30-08:30 Lane/individual swimming	08:30—09:15 Aqua Aerobics		14:00-18:00 Open/family swim		18:30-20:00 Open/family swim	20:00-21:30 Lane/individual swimming
Thursday	06:30-09:15 Lane/individual swimming			14:00-18:00 Open/family swim		18:30-21:30 Lane/individual swimming	
Friday	06:30-09:15 Lane/individual swimming			14:00-18:00 Open/family swim		18:30-20:00 Open/family swim	20:00-21:30 Lane/individual swimming
Saturday	06:30-08:30 Lane/individual swimming			15:00-17:00 Open/family swim			
Sunday		10:00-12:00 Open/family swim		13:00-17:00 Open/family swim			

All sessions must be pre-booked via our online booking system, a link can be found at <https://www.aylshamhigh.com/aylshamsportshub>  
We are fully COVID compliant.

Aqua aerobics classes — £2 for members, £5 for non-members

**Members— Free    Family of 4— £12    Adult—£5    Child—£3    Under 3's—Free**

**Memberships are available from £17 per month for an adult. This means that if you swim more than 3 times a month you can save money by becoming an Aylsham Sports Hub member. Members also have access to advance booking for swimming sessions.**

Please contact Aylsham Sports Hub for more information on 01263 738966    Email: [memberships@aylshamsportshub.co.uk](mailto:memberships@aylshamsportshub.co.uk)



Aylsham Sports Hub

Aylsham High School, access via Bure Meadows Estate, NR11 6AN