

# Spring Summer MENUS 2020

## Hevingham Primary

**Week One Dates** 20/04, 11/05, 08/06, 29/06, 20/07, 07/09, 28/09, 19/10

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef & Tomato Meatballs with Pasta & Arrabiata Sauce	Cheesy Topped Chicken Fillet & Potato Wedges	Roast Turkey with Stuffing, Roast Potatoes & Gravy	Hunters Chicken Flatbread	Baked Fish Finger & Chips
Vegetarian Main Meal	Vegetable Meatballs with Arrabiata sauce & Pasta	Cheesy Topped Baked Quorn	Quorn Roast with Stuffing, Roast Potatoes & Gravy	Hunters Vegetable Flatbread	Cheddar Wheels, Chips & Tomato Sauce
Vegetable Selection	Garden Peas Carrots	Sweetcorn Broccoli	Cauliflower Roast Carrots	Carrots Green Bean	Baked Beans Garden Peas
Jacket Potato	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Lemon Drizzle Cake	Chocolate Crispy Cake	Toffee Ice	Fruit Sponge & Custard	Flapjack

**Week Two Dates** 27/04, 18/05, 15/06, 06/07, 14/09, 05/10

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Tikka Curry with Mixed Wholegrain Rice & Naan	Beef Burrito & Jacket Wedges	Roast Sausages with Yorkshire Pudding, Roast Potatoes & Gravy	American Style Baked Chicken & Crispy Diced Potatoes	Pepperoni Pizza & Chips
Vegetarian Main Meal	Macaroni Cheese Topped with Crispy Croutons	Sweet Chilli Quorn Noodle Stir Fry	Veggie Sausages with Yorkshire Pudding, Roast Potatoes & Gravy	Tomato & Basil Pasta with Garlic Bread	Vegetable & Bean Grill
Vegetable Selection	Green Beans Carrots	Sweetcorn Broccoli	Peas Carrots	Sweetcorn Cauliflower	Baked Beans Garden Peas
Jacket Potato	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Frozen Strawberry Ice	Banana Traybake & Custard	Fruit & Jelly	Ginger Biscuit	Chocolate Cookie

**Week Three Dates** 04/05, 01/06, 22/06, 13/07, 21/09, 12/10

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Burger in a Bun & Baked Jacket Wedges	Great British Breakfast - Bacon, Sausage, Beans & Hash Browns	Roast Chicken with Stuffing, Roast Potatoes & Gravy	Tuna Pasta Bake	Chicken Goujons & Chips
Vegetarian Main Meal	Quorn Burger & Baked Jacket Wedges	Meat Free All-Day Breakfast - Veggie Sausage, Tomatoes, Beans & Hash Brown	Quorn Roast with Stuffing, Roast Potatoes & Gravy	Vegetarian Pasta Carbonara & Garlic Bread	Veggie Nuggets & Chips
Vegetable Selection	Sweetcorn Carrots	Baked Beans Roast Tomatoes	Peas Cauliflower	Carrots Sweetcorn	Baked Beans Garden Peas
Jacket Potato	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Dessert	Apple Sponge & Custard	Chocolate Brownie	Jelly & Ice cream	Iced Carrot Cake	Toffee Cream Tart

**Packed Lunch Option Available with a Choice of Fillings  
Cheese, Ham or Tuna Mayonnaise**

**Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily**