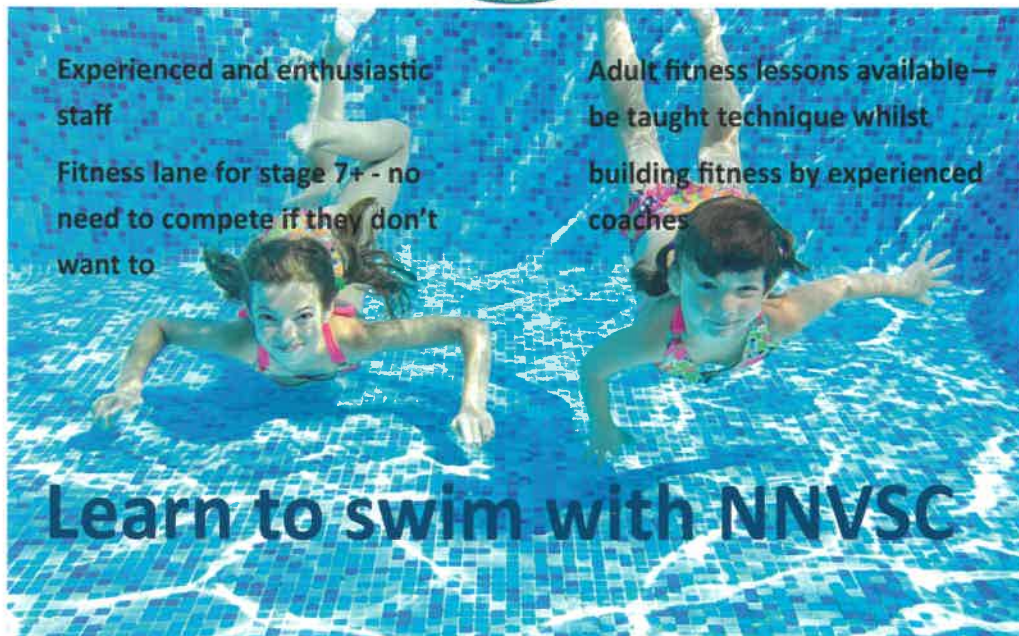


Learn to swim with Vikings Learn2swim based at Aylsham High School



Our lessons are suitable for 4 years and upwards and are available Tuesday and Friday afterschool



Experienced and enthusiastic staff

Fitness lane for stage 7+ - no need to compete if they don't want to

Adult fitness lessons available—be taught technique whilst building fitness by experienced coaches

Learn to swim with NNVSC



The Next Step:
Continuation into a proven squad programme



Swim England
Learn to Swim Awards



Contact us

learn2swim@norfolkvikings.co.uk

www.norfolkvikings.co.uk



Are you the parent of a child or young person with special educational needs and/or disabilities (SEND)?

Join us for coffee at an information and feedback session about

**SEN Support
and Education, Health and Care Plans (EHCPs)**

We've invited Norfolk SEND Partnership Information, Advice and Support Service (SENDIASS) and a representative of the Local Offer to join us so you can:

- Find out more about SEN Support and EHCP assessments
- Tell us about your own experiences of support for your child with SEND
- Ask questions in a relaxed setting
- Share ideas with other parent carers



Tuesday 17 September 10.00am – 1.00pm
Community Room, South Lynn Community Centre, 10 St. Michael's Road, **King's Lynn**, PE30 5HE

Monday 23 September 10.00am – 1.00pm
The Suite, Dereham Football Club, Aldiss Park, Norwich Road, **Dereham**, NR20 3PX

Tuesday 24 September 10.00am – 1.00pm
The Noble Hall, The Priory Centre, Priory Plain, **Great Yarmouth**, NR30 1NW

Monday 30 September 10.00am – 1.00pm
The Colman Room, South Norfolk House, Cygnet Court, **Long Stratton**, NR15 2XE

Wednesday 2 October 10.00am – 1.00pm
Main Hall, Aylsham Care Trust, St. Michael's Avenue, **Aylsham**, NR11 6YA

If you can come, please email us at events@familyvoice.org.uk or call/text on 07535 895748.