



Intense Course Prices (Price per 5 day course per child)

Non-members - £25

Members - £12.50

Fun and Games Prices (Price per activity per child)

Non-members - £5

Members - £2

Family Fun Sessions (Pay as you go)

Mondays **2pm – 6pm** (Restrictions will apply 2pm – 4pm)

Wednesdays **2pm – 6pm** (Restrictions will apply 2pm – 4pm)

Fridays **2pm – 6pm** (Restrictions will apply 2pm – 4pm)

**To book courses or activities or for further information please
contact us**

Memberships@aylshamsportshub.co.uk

Or 01263 738966

**AYLSHAM
SPORTS
HUB**



Easter Children's Activity Calendar

	9:30am – 10am	10am – 10:30am	2pm – 3pm	3pm – 4pm
Monday 8th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)	Fun & Games	Fun & Games
Tuesday 9th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)		
Wednesday 10th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)	Fun & Games	Fun & Games
Thursday 11th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)		
Friday 12th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)	Fun & Games	Fun & Games
Monday 15th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)	Fun & Games	Fun & Games
Tuesday 16th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)		
Wednesday 17th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)	Fun & Games	Fun & Games
Thursday 18th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)		
Friday 19th April	Swimming Intense Course (Stages 1 – 3)	Swimming Intense Course (Stages 4 – 7)	Fun & Games	Fun & Games

Swimming stopped for Easter? Book onto one of our intense courses to keep the momentum going

Swimming Intense Course Stage 1 – 3 (30 min Session)

Front crawl and backstroke techniques as well as a selection of individual swimming skills. Ideal for building water confidence.

Swimming Intense Course Stage 4 – 7 (30 min Session)

Front crawl, back stroke, breast stroke and butter fly techniques along with more advanced swimming skills. (Must be able to swim 17m unaided). Ideal for the more advanced swimmers.