



THE  
AYLSHAM  
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It takes a Whole Community to Educate a Child

# Autism Practical Tips For Parents

**Tuesday 6th November 2018**

**9.15 am - 11.45 am**

**Aylsham High School**

This free workshop has been designed for anyone who has contact with a child in years 1,2,3,4,5 and 6 (aged 5 - 11) and will be delivered by Alpha Inclusion.

The workshop aims to offer support and advice on how to adapt strategies and resources for the home.

It will include strategies on supporting communication, reducing anxiety around change and managing feelings appropriately.

You will also look at ways to help siblings understand and manage difficult times.

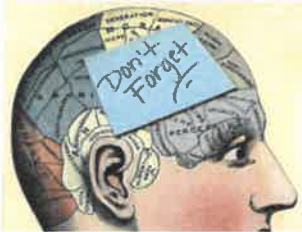
Please book your place by e-mailing our cluster family learning co-ordinator [Monica Harding mharding@aylshamhigh.norfolk.sch.uk](mailto:mharding@aylshamhigh.norfolk.sch.uk) or text/telephone 07780 887348.





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## Working Memory

Tuesday 13th November 2018

9.30 am – 11.45 am

Aylsham High School



*'With him, it's in one ear and out the other.'*

*'She just doesn't listen to a word I say.'*

Sounds familiar? You may be describing a young person with a limited working memory capacity that has become overloaded. Working memory is important because it is closely linked to the ability to learn and also with academic attainment. Working memory problems are common in specific learning differences such as dyslexia, dyscalculia and ADHD.

During this workshop we will explore what working memory is, as well as ways for you to support your child with their working memory skills to help increase their confidence and ability when reading, writing, doing arithmetic or studying for exams.

There will be useful resources and handouts for you to take home.

This free workshop has been designed for anyone who has contact with a child of school age who has difficulties with working memory e.g. parents/carers, grandparents or other family members and will be delivered by our Dyslexia Outreach Service.

You do not need to have had an official diagnosis of any learning difficulty to attend.

**Please book your place by e-mailing our cluster family learning co-ordinator**

**Monica Harding [mharding@aylshamhigh.norfolk.sch.uk](mailto:mharding@aylshamhigh.norfolk.sch.uk)**

**or text/telephone 07780 887348**